Thrive@Work Programme

Take your team's performance to the next level.

About this programme

Empower your team members to be at their best through high-impact workshops, online courses, on-the-job practice, and real-time feedback.

This programme provides training on essential practices like goal setting, time management, communication, teamwork, and emotional intelligence.
The learning labs were very interactive and practical. I learned about setting smart goals, how to communicate effectively and take ownership of my work.

Participant from Momentum Credit