



## Management Development Programme:

Equip middle managers to  
empower their teams &  
drive performance.

### About this programme

Elevate the performance of your team leaders and middle-level managers with this comprehensive, highly practical programme.

Over 4-6 months, participants will gain effective tools and strategies in key areas like managing teams, communication, problem solving and planning. They will become equipped to better manage themselves, empower their teams, and drive performance.



## Key elements

Strengthening these leaders results in positive outcomes for your entire organization. In recent Management Development Programmes, 100% of companies reported tangible improvements in staff performance. Among participants, 100% said they were more effective at work and 97% had directly applied what they learned.

AMI's unique blended learning approach ensures that participants learn quickly and effectively. The interactive workshops, online learning platform, team-based activities, on-the-job practice, and real-time feedback can be customised to meet your organisation's particular needs. Individuals can also sign up for one of our open cohort programmes.

- ▶ 3 one-day interactive, practical workshops
- ▶ Online courses and resources, tailored to your needs and available whenever you are
- ▶ Ongoing on-the-job feedback and practice
- ▶ Change Challenge practical project
- ▶ Measurable, high-impact results



What really interested me about the AMI programme was learning more about managing people. I really enjoyed the fact that it was quite a hands-on approach, which I would definitely recommend.

Abigail Goschen, Operations Manager of UCook, South Africa



### A YOUNG MANAGER GAINS SKILLS AND CONFIDENCE

As the operations manager for UCook, a meal kit delivery service in South Africa, Abigail Goschen supervises more than 40 employees. The start-up's team is young, requiring significant guidance and motivation from Abigail, a fairly young manager herself.

"I think what really interested me about the AMI programme was just learning more about managing people," explains Abigail. She had heard some of the concepts in the course but hadn't known how to put them into practice. "Learning it properly and being more aware of it gave me more confidence."

She particularly appreciated the blended learning platform. "What I really enjoyed about it was the fact that it was quite a hands-on approach which I would definitely recommend," says Abigail.

### A FEMALE LEADER FINDS HER VOICE

As a health and safety officer for the South Africa Sugar Association, Siphokazi Ngidi is a woman in a maledominated industry and one of the youngest leaders on her team.

AMI's Management Development programme engaged Siphokazi in strengthening her skills. "The AMI training experience was different because it was more interactive," she explains. "It was a lot of guidance and assistance."

The shared learning experience helped her bond more with her colleagues. She also grew in her confidence as a leader, sharing that "the programme helped me find my voice."



The individuals that we backed to do the course have all grown considerably. The changes I've seen in individuals have been notable.

Craig Stuart, Culture Manager of Private Property, South Africa



**To learn more,  
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